

### Overwhelmed by plaque psoriasis?

# Psoriasis-free days may be possible with DUOBRII®



#### **Clinical studies**

Across 2 clinical studies, 36% and 45% of patients, respectively, achieved clear or almost clear skin at 8 weeks, compared with 7% and 13% of patients, respectively, who received placebo.

### What is DUOBRII® Lotion?

DUOBRII (halobetasol propionate and tazarotene) Lotion, 0.01%/0.045%, is a prescription medicine used on the skin (topical) to treat adults with plaque psoriasis. It is not known if DUOBRII Lotion is safe and effective in children.

### **Important Safety Information**

• DUOBRII Lotion is for use on the skin only; do not use it in your mouth, eyes, or vagina.

Please see additional Important Safety Information throughout and click here for full Prescribing Information.





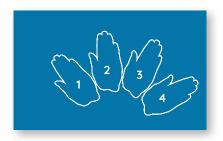
Visit DUOBRII.com to see educational videos and learn more about using DUOBRII®

### DUOBRII® is a psoriasis treatment that can fit your daily routine...

# WHAT IMPORTANT THINGS SHOULD I KNOW BEFORE APPLYING DUOBRII®?

This brochure includes information to help you properly apply DUOBRII® Lotion to your psoriasis. You'll also find important tips to remember while using DUOBRII®.

### Less is more: a pea-sized amount covers a patch of skin the size of 4 handprints



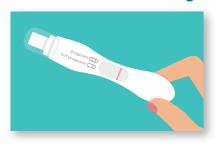
Only apply what's necessary to cover your plaques with a thin layer, but not more than that. DUOBRII® comes in a 100-gram tube. Don't use more than 50 grams (one-half tube) per week.

### Stay out of the sun: DUOBRII® can make your skin more sensitive



That's why you'll want to avoid getting a sunburn. Minimize exposure to UV light including sunlight, sunlamps, and tanning beds during the use of DUOBRII Lotion. If you go outside, use sunscreen and wear a hat and clothes that cover your skin. If you do get a sunburn, don't use DUOBRII® until your skin is healed.

### Don't use DUOBRII® if you're pregnant



You'll need a negative pregnancy test within 2 weeks of starting DUOBRII®.

Begin treatment during a normal menstrual period and be sure to use an effective form of birth control during treatment. If you become pregnant during treatment, stop DUOBRII® and tell your healthcare provider right away.

Please see additional Important Safety Information throughout and <u>click here</u> for full Prescribing Information.



### **Important Safety Information** (Cont'd)

What is the most important information I should know about DUOBRII Lotion?

**DUOBRII Lotion may cause birth defects if used during pregnancy.** A negative pregnancy test must be obtained before females of child-bearing age start using DUOBRII Lotion and they must use effective birth control during treatment. Begin treatment during a normal menstrual period.

Stop using DUOBRII Lotion and tell your healthcare provider right away if you become pregnant while using DUOBRII Lotion.

Before you use DUOBRII Lotion, tell your healthcare provider if you:

- have eczema or any other skin problems, including skin infections, which may need to be treated before using DUOBRII.
- have diabetes, adrenal gland problems or liver problems.
- are breastfeeding or plan to breastfeed. If you use DUOBRII and breastfeed, do not apply DUOBRII to your nipple area.

**Tell your healthcare provider about all the medicines you take**, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

- Especially tell your healthcare provider if you take corticosteroids by mouth or injection or use other skin products that contain corticosteroids.
- Ask your healthcare provider for a list of medicines that may make your skin more sensitive to sunlight.



### **LEARNING HOW AND** WHEN TO APPLY DUOBRII® TO YOUR BODY



Use DUOBRII® exactly as your healthcare provider tells you to use it. Only apply what's necessary to cover your plaques with a thin layer. Plaques are the raised, red areas of your psoriasis.



Apply DUOBRII® to your psoriasis, only up to the edges. Think of it like coloring inside the lines of your plaques. Gently rub in a thin layer of DUOBRII® to the affected areas once daily, preferably at night.



Once your psoriasis is under control, it's OK to discontinue DUOBRII®—as long as you can no longer feel your plagues. You may see some redness once your plaques are gone, but it's still OK to stop. The redness may go away once you're no longer using DUOBRII®.

### **Important Safety Information** (Cont'd) What should I avoid during treatment with DUOBRII?

- To avoid a severe sunburn, avoid sunlight, including sunlamps and tanning beds, as much as possible, and use sunscreen, protective clothing and a hat while in sunlight. Talk to your healthcare provider if you get sunburn, and do not use DUOBRII Lotion until your sunburn is healed.
- Avoid using DUOBRII on skin with eczema because it may cause severe irritation.

**LEARNING HOW AND** WHEN TO APPLY DUOBRII® TO YOUR SCALP



Use DUOBRII® exactly as your healthcare provider tells you to use it. Only apply what's necessary to cover your plaques with a thin layer. Plaques are the raised, red areas of your psoriasis.



Part your hair so your psoriasis is easily seen. Apply DUOBRII® only up to the edges of your psoriasis. Think of it like coloring inside the lines of your plagues.



Gently rub in a thin layer of DUOBRII® to the affected areas once daily, preferably at night. Make sure DUOBRII® is fully absorbed into the scalp before you let your hair fall back into place.



Once your psoriasis is under control, it's OK to discontinue DUOBRII®—as long as you can no longer feel your plagues. You may see some redness once your plaques are gone, but it's still OK to stop. The redness may go away once you're no longer using DUOBRII®.

Please see additional Important Safety Information throughout 4 and click here for full Prescribing Information.

# TAKE A LOOK AT WHAT DUOBRII® LOTION CAN DO

See results from the clinical studies\*,\*

#### Patient 1, male





Baseline 8 weeks



12 weeks (4 weeks after study end)

### Important Safety Information (Cont'd)

### **DUOBRII** may cause side effects, including:

- If too much DUOBRII passes through your skin it can cause adrenal glands to stop working
- **Cushing's syndrome**, a condition from too much exposure to the hormone cortisol

Please see additional Important Safety Information throughout 6 and <u>click here</u> for full Prescribing Information.



Patient 2, female





**Baseline** 

8 weeks



12 weeks (4 weeks after study end)

### Important Safety Information (Cont'd)

- **High blood sugar** (hyperglycemia)
- Effects of growth and weight in children



<sup>\*</sup>The results you see may be different.

<sup>&</sup>lt;sup>1</sup>The safety and efficacy of once daily use of DUOBRII® Lotion for the treatment of moderate to severe plaque psoriasis were assessed in 2 clinical studies among 418 patients with moderate to severe plaque psoriasis. Patients were evaluated at week 8 to determine treatment success. Across the 2 studies, 36% and 45% of patients, respectively, achieved clear or almost clear skin at 8 weeks, compared with 7% and 13% of patients, respectively, who received placebo.

## WHAT SHOULD I REMEMBER WHEN USING DUOBRII® LOTION?



### Important things you should do:

- Only apply DUOBRII® to dry skin. If you shower or bathe before you apply DUOBRII®, make sure your skin is completely dry
- \* Apply a thin layer of DUOBRII® to the affected areas once each day and rub in gently
- ♣ If you use a moisturizer after applying DUOBRII Lotion (skin application only), make sure your skin is completely dry first
- Remember to use protective clothing and sunscreen when exposed to sunlight



The most common side effects of DUOBRII Lotion include: redness, itching, swelling, burning, stinging, application site pain, inflamed hair follicles (folliculitis), thinning of the skin (atrophy), peeling and rash.



### Important things you should not do:

- ★ Don't use DUOBRII® if you are pregnant
- ♣ Don't use DUOBRII® on your face, groin, vagina, or underarms (armpits)
- ♣ Don't bandage, wrap, or cover the treated skin areas, unless told to do so by your healthcare provider
- Don't apply DUOBRII® to skin that is sunburned, infected, or has eczema
- ♣ Don't use more than half the tube of DUOBRII® (50 arams) in 1 week



### Important Safety Information (Cont'd) **DUOBRII may cause side effects, including:** (Cont'd)

- **Skin irritation**. If you get too much skin irritation at the site of application, your healthcare provider may tell you to interrupt or stop using DUOBRII or to use it less often.
- Vision problems, including an increased chance of developing cataracts and glaucoma. Tell your healthcare provider about any vision problems during treatment.



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### Discover what DUOBRII® may be able to do for you.



■ Visit DUOBRII.com to see educational videos and learn more about using DUOBRII®

### **Important Safety Information** (Cont'd)

The most common side effects of DUOBRII **Lotion include:** redness, itching, swelling, burning, stinging, application site pain, inflamed hair follicles (folliculitis), thinning of the skin (atrophy), peeling and rash.

To report SUSPECTED ADVERSE REACTIONS, contact Ortho Dermatologics at 1-800-321-4576 or FDA at 1-800-FDA-1088 or visit www.fda.gov/medwatch.

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(halobetasol propionate and tazarotene) Intion 0.01% / 0.045%